**The Dutch Wrist Arthroscopy Course (DWAC)
*Preliminary program***

**DAY1**7:45 Registration/coffee

8:00 Opening/welcome

8:02 Value of wrist arthroscopy workshops. Complications.
8:05 Indications, set up, instruments, portals

8:20 SL ligament. Anatomy. Injuries. Repair.

8:35 Synovectomy. Ganglionectomy.

8:45 Transfer to lab/change into scrubs

9:00 Demonstrations
Demonstration on setup, portals, shaving and gangliectomy.
Practice on the technique and the shaving, synovectomy, and ganglietomy.
Demonstration the capsulodesis for SL repair.
Practice on capsulodesis.
12:00 Lunch
13:00 DRUJ anatomy and biomechanics.

13:15 TFCC repair 13:30 Ulnar impaction syndrome

13:45 Demonstration
*TFCC repair, peripheral and foveal, resection of TFCC and arthroscopic assisted wafer. Practice on DRUJ scopy, TFCC repair, TFCC resection, arthroscopic wafer.*
17:00 Drinks

17:30 Free time

18:30 Course dinner

**DAY2**
9:00 The role of arthroscopy in distal radius fractures and scaphoid fractures.

9:15 Arthroscopically assisted intercarpal fusion.

9:30 SNAC and SLAC

10:00 Short demonstration on exploring the scaphoid and distal radius and on radial styloidectomy. (Techniques for reducing distal radius fractures, scaphoid fractures and IC fusion are given at the tables to those students that are interested and have time.)

12:00 Lunch

13:00 CMC I; portals, indications

13:05 CMC I resection- and STT resection arthroplasty.

13:15 Endoscopic Cubital Tunnel

13:35 Short demonstration on CMC 1 en STT arthroscopy. Practice CMC 1 en STT arthroscopy and resection arthroplasty.

13:35 Experts guide team of two on endoscopic cubital tunnel release

15:00 Closure/Evaluation/Certificates

15:15 Meeting adjourns